



April 2-8, 2021
20 - 26 Nisan 5781

tbe-mail

SPECIAL THIS WEEK

Yizkor is this Sunday

What is Yizkor?

Yizkor יזכור is the "public observance for the community of the bereaved."¹ The word Yizkor literally translates to "may [God] remember", though it is also sometimes translated as "remembrance," and refers to the first word of the memorial prayers.

Did you know?

- Yizkor is read four times a year: on Yom Kippur, the last day of Sukkot (Shmini Atzeret), the last day of Passover, and the second day of Shavuot.
- Yizkor is based on the "Jewish belief in the eternity of the soul and that, although a soul can no longer do good deeds after death, it can gain merit through the charity and good deeds of the living."²
- Traditionally, congregants who still had two living parents would step out of the sanctuary for Yizkor, lest they tempt the *eyin ha-ra* (evil eye). In some contemporary congregations, all congregants are encouraged to stay so that the whole community says prayers for the Jewish martyrs and in support of those who have lost loved ones.
- Yizkor is an Ashkenazic tradition; Sephardic communities have a slightly different custom.
- The Yizkor liturgy doesn't include the Mourners' Kaddish (though many communities add it), so it can be said privately at home if one can't make it to synagogue.

Yizkor will be included in services on Sunday, April 4. Services will start at 9:30am. Click [here](#) to join the virtual service.

This Shabbat:

Friday, April 2 - Pesach VI
8:00am [Virtual Morning Minyan](#)
6:51pm Candle lighting time

Saturday, April 3 - Pesach VII
9:30am [Shabbat Morning Services](#)
10:00am Shabbat Bachutz
8:01pm Candle lighting time

Pesach VII
פסח יום ז'

Exodus 13:17 - 15:26;
Maftir: Numbers 28:19-25
Haftarah: II Samuel 22:1-51

JTS Torah Online

Sunday, April 4 - Pesach VIII
9:30am [Passover Morning Services](#)
8:02pm Havdalah

This Week @ TBE



SHABBAT/PASSOVER MORNING SERVICES

9:30am on [Zoom](#) Saturday 4/3

Join Rabbi Braun and the Shabbat morning crew as they daven the traditional Shabbat morning services. This week is the Torah portion includes the Song of the Sea; you won't want to miss it!



SHABBAT BACHUTZ

10:00am on Saturday 4/3 at Great Pond (Cape Elizabeth).

Register [here](#).

Facilitated by Rabbinic Intern Lorin Troderman.

The intention is to walk and simply be together in the delight of Shabbat. There won't be a formal service, but you will stop along the way to sing gently, offer prayers and immerse in some Torah. Lorin will provide a handout with a few prayers and psalms, but will not include a full Amidah (feel free to bring your own siddur or benchers).

Please feel free to bring a Siddur, water bottle, sturdy shoes, snack, layers of warm clothes, and make sure you have a mask. Masks and a minimum of 6' in social distancing will be required throughout the event. Around 11:30am (weather permitting) or so, we will shift into Kiddush mode, offer blessings over wine/grape juice and matzah (please bring your own), and have an opportunity to eat together appropriately distanced as to be able to remove our masks.

Registration required. Please RSVP by tonight (April 1). An email will go out to registered participants on Friday, April 2 with details on where to meet.



PASSOVER MORNING SERVICES

9:30am on [Zoom](#) Sunday 4/4

Join Rabbi Braun and friends as they daven the yontif morning services in celebration of Passover; **Yizkor will be included.**



VIRTUAL MORNING MINYAN

8:00am on Zoom Monday 4/5 through Friday 4/9

Join Tom Berman and the minyanaires for the only daily minyan in Maine! The service lasts about 30 minutes and is a great chance to start the day in reflection and community.



COMMUNITY YOM HASHOAH OBSERVANCE

6:30pm on Zoom Wednesday 4/7. Register [here](#).

In partnership with the Jewish Community Alliance of Southern Maine, join us for a brief commemoration of Holocaust Remembrance Day, through memorial prayers, poems and songs, with poet and historian Anna Wrobel and Rabbi Carolyn Braun.

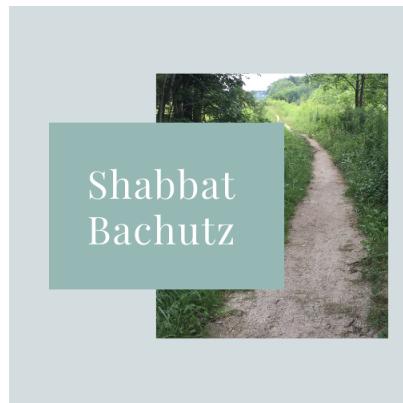
Advanced registration required (before 4/7 at 4pm).

Upcoming TBE Programs:



Kabbalat Shabbat

[April 9 at 5:30pm](#)
May 14 at 5:30pm



Shabbat Bachutz

[May 1 at 10am](#)



The Giving Corner

Have you considered making a lasting contribution to our community through a planned gift? We would love to talk with you. Contact us by email at giving@tbemaine.org by phone at 207-774-2649 and speak with Kate Shalvoy, ext. 204.

[March Donations & Tributes](#)

Special Announcements

Todah Rabah!

There are so many people to thank for the everything leading up to Passover: Barbara and Gil Dichter for assembling the charoset kits; Joy Krinsky and Kate Shalvoy for delivering Passover items to

congregants; Zoe Levine Sporer for helping with pop-up distribution; Hagai, Ariel, Arava, and Teva Bernstein for their hard work making the pop-up happen; Naomi Freidenreich and Debbie Kanter for reading Torah; and Tom Berman for hosting services. Thank you, thank you!

Condolences

Our sincere condolences to Susan Levine, Jean Aron, Charles and Lori Oransky, Joey Aron, Yehuda Aron, Adam Levine, Daniel Levine, Jake Oransky, Sam Oransky, and all the great-grandchildren and friends on the loss of Raymond Oransky.

Day of Gratitude and Mitzvot

Organized in partnership with Classical Uprising, the Day of Gratitude and Mitzvot will take place on April 18. The event will feature in-person mindfulness activities, opportunities to show gratitude, and ways to give back to the community. Mark your calendars today! More information to come.

COVID-19 Vaccination Location Website

If you are eligible for a vaccination under current state guidance, but are having trouble find a vaccine location, please visit Maine's [Vaccination Sites](#) website to find a vaccination location near you and/or make an appointment.

Passover Community Programs

Check out our Community Programs and Events quick link at the bottom of this email for upcoming programs and events related to Passover. The button is located below TBE Kids and the relevant events are highlighted in green!

Additionally, the JCA just published their [Passover Hub](#). Click [here](#) to see a collection of playlists, recipes, crafts, and more!

TBE Kids

KBE 7th Graders Meet TBE Lay Leaders and Staff

Over the past three weeks, TBE staff and board members visited our 7th grade b'nai mitzvah class! Some topics discussed were social kashrut, the function of the board, and everyone's many and varied motivations for volunteering at TBE. Rabbi Braun told us about her role as an activist, while she was studying at JTS, to allow women to become rabbis. Bob Bradbury told us about how he enjoys being useful and making it possible for all the events and programs here to happen.

The students were curious to hear all the stories from those who had been involved in TBE for many years and how our synagogue has changed over the years. Feedback from students included the following statements:

- “Something I found interesting is that most of the volunteers seemed to like to volunteer because they liked making people happy and feel welcome.”
- “Rabbi Braun is a big inspiration to me, and her story of helping start women’s ability to be rabbis in Conservative synagogues makes me so glad to have her in my new synagogue.”
- “[...] The sense of community and friendliness that people get from Temple Beth El helps [people] become their best selves. I found this interesting because unknowingly, everyone seemed to answer more or less the same way.”

Todah Rabah to Bob Bradbury, Josh Rosen, Rabbi Braun, Norm Wilson, Sara Kahn-Troster, Eli Mellen, Fred Barlow, and Jon Gelchinsky for taking the time to meet with us!



Upcoming Opportunities for Kids

[Spring Funtensive for Kids!](#)

April 19-23 from 9-10am

Spring is coming to us in Maine, and we can nearly taste the chance to hang out together in person, safely distanced outside. But...not yet. Luckily, for spring vacation the Center for Small Town Jewish Life is here to offer some fun Jewish learning and to connect with each other over Zoom!



Activities include songs, stories, Hebrew games, and crafts, and every day will have a color, a letter, and a sense we'll learn in Hebrew. Generally recommended for kids ages 4-11, but all are welcome! It is recommend that kids have paper, crayons or markers, and a snack with them as needed. If your kids are old enough, they should keep tape or glue and a pair of scissors nearby, too.

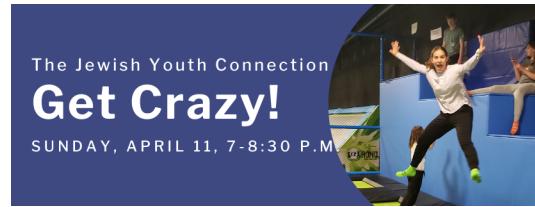
Register [here](#) and you will receive an email each morning with the day's link and information. Questions? Email [Mel Weiss](#).

Upcoming Opportunities for Teens

The Jewish Youth Connection - Get Crazy!

Sunday, April 11 from 7 - 8:30pm

The Center for Small Town Jewish Life is hosting another evening of programming for teens across the state! The evening will start with some Jewish learning followed by interactive games. Register [here](#). Questions? Email [Mel Weiss](#).



CityStage 2021: Transformational Summer Program for High School Students

CityStage is a unique performing arts pre-college summer institute, where rising sophomores, juniors, and seniors explore theater through a Jewish lens, led by experts in the field. As part of this online one college credit* program, participants will train in acting techniques, playwriting, script analysis, and more while creating a meaningful Jewish community. CityStage students will also explore the history of Jewish identity in the performing arts field and on stage while creatively analyzing Jewish texts and rituals.

Program runs June 27 - July 11. **Application due May 1.** Learn more [here](#).

Quick Links

[Zoom Links](#)[Simcha List](#)[Community Programs & Events](#)[KBE School](#)[Amazon Smile](#)[Weekly Yahrzeit](#)

How to Reach Us

We are continuing to primarily work from home due to COVID-19. We will be checking our emails regularly and will check the voicemail daily.

By Phone

(207) 774-2649

Because we are working from home, we will often return your call from our personal numbers. Please note that Zoe's cell phone area code is from out-of-state, so if you have left us a message and are getting a call from a 650 number, it's probably Zoe!

By Email

- Rabbi Braun - rabbi@tbemaine.org
- Kate Shalvoy - director@tbemaine.org
- Zoe Levine Sporer - office@tbemaine.org
- Sherri Quint - controller@tbemaine.org
- Abigail Halpern - education@tbemaine.org



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